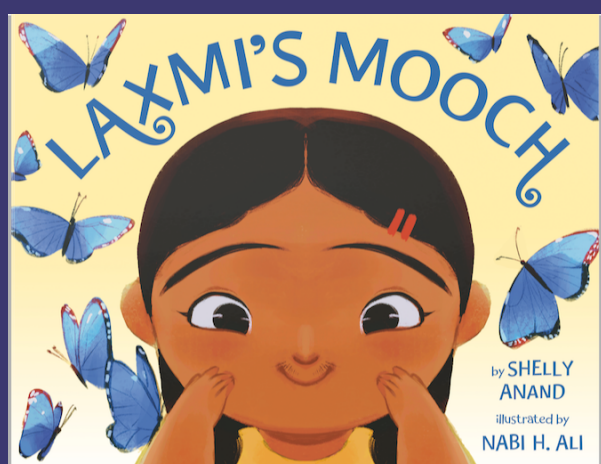


# BODY POSITIVITY

10 best books that promote body positivity, to read with children ages 4 and up.

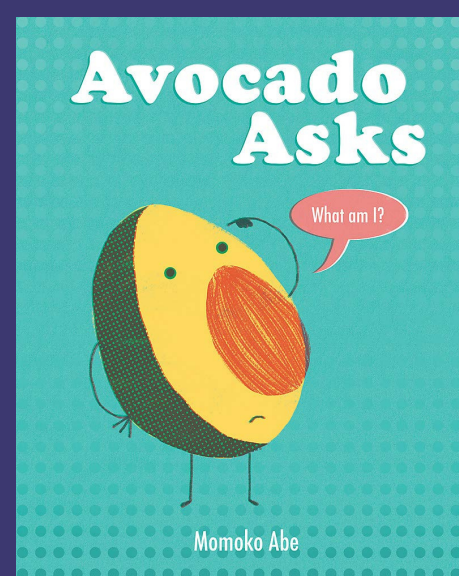


## LAXMI'S MOOCH

Anand, Shelly.

JPB ANAND

After Laxmi's friend points out the hairs on her lip, Laxmi feels self-conscious until her parents help her to accept and love her appearance.

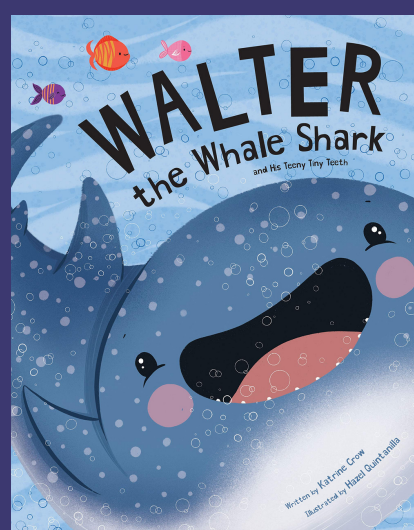


## AVOCADO ASKS : WHAT AM I?

Abe, Momoko.

JPB ABE

An avocado faces an identity crisis when it doesn't know if it's a fruit or a vegetable.

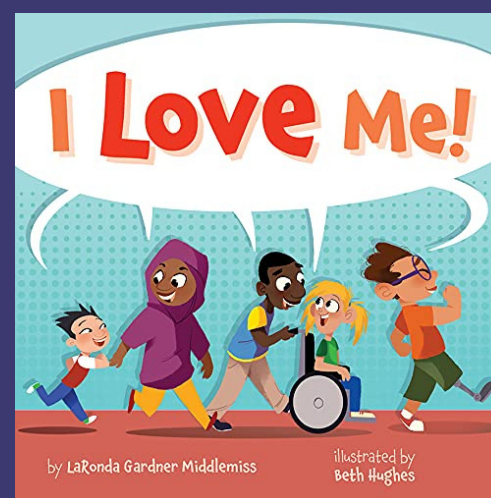


## WALTER THE WHALE SHARK : AND HIS TEENY TINY TEETH

Crow, Katrine.

JPB CROW

What do you do when you feel like you don't fit in? Find something that makes you stand out!

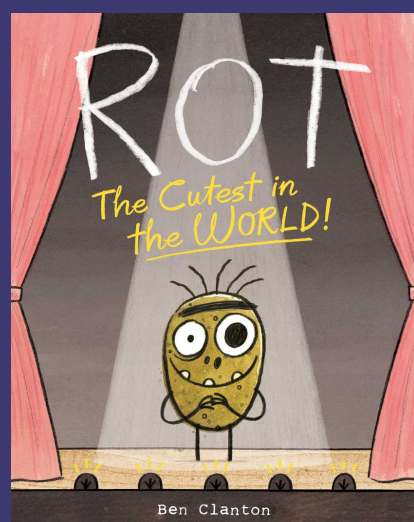


## I LOVE ME!

Gardner Middlemiss, LaRonda.

JPB MIDDLEM

A diverse group of children celebrate their bodies in rhyming text that shows how they are similar and how they are different.

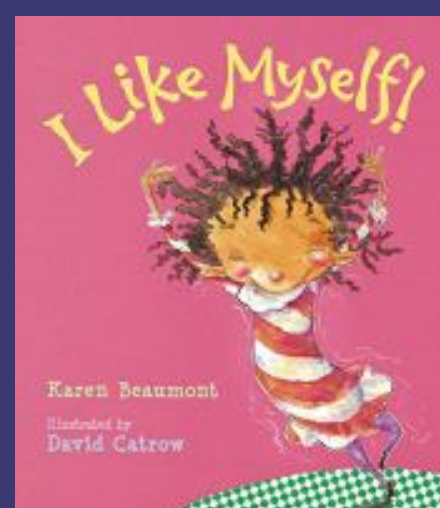


## ROT: THE CUTEST IN THE WORLD

Clanton, Ben.

JPB CLANTON

Rot, a mutant potato, enters a "Cutest in the World" contest but worries when he sees his competition.

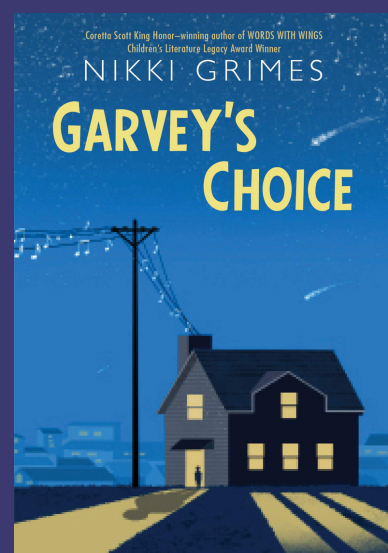


## I LIKE MYSELF!

Beaumont, Karen.

JPB BEAUMON

In rhyming text, a little girl expresses confidence and joy in her uniqueness, no matter her outward appearance.

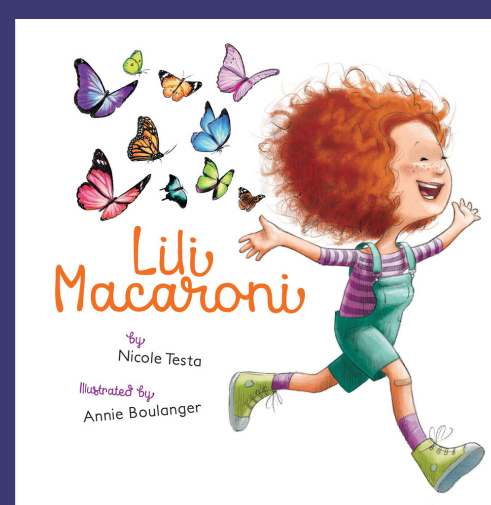


## GARVEY'S CHOICE

Grimes, Nikki.

J GRIMES

Perpetually bullied and feeling like a failure, Garvey comforts himself with food. When he reluctantly joins chorus, Garvey learns self-acceptance and connects with his father.

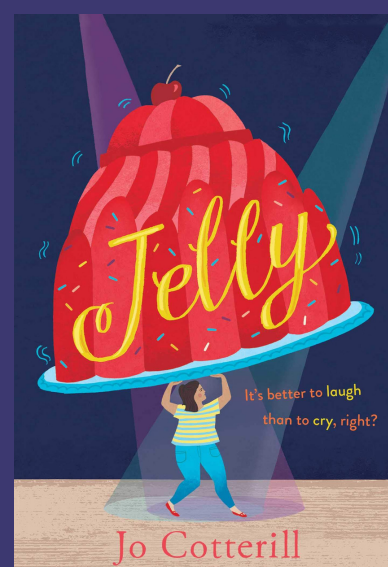


## LILI MACARONI

Testa, Nicole.

JPB TESTA

Lili Macaroni loves every feature she has inherited from a family member, but when she starts kindergarten she is teased for those very traits. Only a polka-dotted butterfly can help.

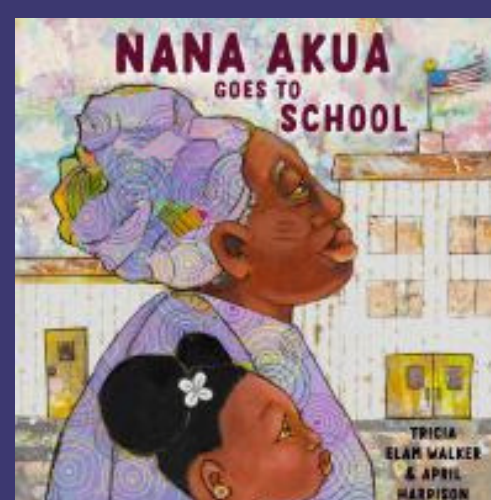


## JELLY

Cotterill, Jo.

JF COTTERILL

Jelly hides her true self behind her humor and keeps her true thoughts and feelings locked away in a notebook. Can she find the courage to share who she really is?



## NANA AKUA GOES TO SCHOOL

Walker, Tricia Elam.

JPB WALKER

Zura is worried about how her classmates will react to her Ghanaian Nana's tattoos on Grandparents Day, but Nana finds a way to show how special and meaningful they are.



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Titles were selected by librarians in the Youth Services Department.

